



BREAKFAST MENU

THE BOB 8

Two whole grain pancakes with syrup with 2 eggs / 2 bacon

THE BILL 8

Whole grain buckwheat Waffle with syrup with 2 eggs / 2 bacon

PLAIN JANE 5

Farm eggs on a fresh baked bagel of your choice with baby swiss and tomato

ADD-ONS +1

Bacon

Turkey Sausage

Avocado/Sprouts

Ham

JULIE 6

Farm eggs, feta, fresh basil and tomato

FROTHY MONKEY BREAKFAST 6

2 eggs made to order, bacon or turkey sausage and toast - sub tofu is OK

THE CALIFORNIA 7

Avocado, fried eggs, tomato salsa, sprouts atop crisp sourdough toast

Add bacon or tofu 8

TENNESSEE FRENCH (TOAST THAT IS) 7

Four thick slices crusty French bread coated with farm egg batter and grilled. Topped with fresh fruit, powdered sugar and a side of syrup

THE ARCHITECT 8

And Nick said, "I'll build you an omelet". Choose 1 meat, 2 veggie and 1 cheese Built into farm eggs (or whites) served with toast, butter and jam

Meat - Bacon, Ham, Turkey Sausage, Tofu

Veggie - Tomato, Purple Onions, Sprouts, Avocados, Red Peppers, Mushrooms, Fresh Basil

Cheese - Feta, Swiss, Provolone, Mozzarella, Blue Cheese, Cheddar



BREAKFAST MENU

OATMEAL 5

Generous portion served with your choice of 3 toppings, brown sugar and steamed milk

Fruits - Apples, Pineapple, Strawberries, Oranges, Bananas, Grapes, Pears
(*Seasonal*)

Nuts - Walnuts, Almonds

Dried Fruit - Cranberries, Raisins, Blueberries

PARFAIT 5

BREAKFAST SIDES:

Bentons Bacon: 3

Eggs: 2

Toast: 2

Fruit: 5

Turkey Sausage: ... 3

KIDS 12 & UNDER

CHEESY EGGIES 5

Farm eggs scrambled with cheese. Add 1 slice of bacon and toast

MONKEY \$\$\$ 5

3 whole grain monkey dollar-sized pancakes, scrambled eggs