



# BREAKFAST MENU

## “BAGEL SANDWICHES”

### THE BOB

- Two whole grain pancakes with syrup
- With fruit ..... 6
- With 2 eggs / 2 bacon ..... 8

### THE BILL

- Whole grain buckwheat Waffle with syrup
- With fruit ..... 6
- With 2 eggs / 2 bacon ..... 8

### PLAIN JANE

- Farm eggs on a fresh baked bagel of your choice
- with baby swiss and tomato ..... 5

### FANCY JANE

- Take Plain Jane and add bacon, ham,
- or turkey sausage ..... 6

OR

- Take Plain Jane and add avocado and sprouts ..... 6

### JULIE

- Farm eggs, feta, fresh basil and tomato ..... 5

## “EGGS, ETC”

### FROTHY MONKEY BREAKFAST

- 2 eggs made to order, bacon or turkey sausage and toast ..... 5
- (sub tofu is OK)

### THE CALIFORN IA

- Avocado, fried eggs, tomato salsa, sprouts atop crisp sourdough toast ..... 6
- Add bacon or tofu ..... 7



# BREAKFAST MENU

## THE ARCHITECT

And Nick said, "I'll build you an omelet". Choose 1 meat, 2 veggie and 1 cheese Built into farm eggs (or whites) served with toast, butter and jam ..... **8**

## TENNESSEE FRENCH (TOAST THAT IS)

Four thick slices crusty French bread coated with farm egg batter and grilled. Topped with fresh fruit, powdered sugar and a side of syrup ..... **6**

## OATMEAL

Generous portion served with your choice of 3 toppings, brown sugar and steamed milk ..... **5**

**Fruits** - Apples, Pineapple (cut fresh), Strawberries,  
Oranges, Bananas, Grapes, Pears,  
Blueberries (seasonal)

**Nuts** - Walnuts, Pine Nuts, Almonds

**Dried Fruit** - Cranberries, Raisin